

CONNECT WITH NATURE – THE SACRED WAY

Acknowledging flora and fauna as sacred, reveals the sensitivity, foresight, vision and effort of our ancestors to “Connect with nature” (the theme for the World Environment day-2017). This spirit was revived on 15th June 2017 in our school auditorium as Dr.(Mrs.) Y.G.P- Dean and Director, Mrs. Sheela Rajendra- Deputy Dean and Director, Mrs. Durga Chandrasekar- Vice Principal, the team from Parampara, teachers and students of P.S.B.B., T. Nagar gathered for the programme on “Tulasi Vandanam”.



Charts explaining the cultural and medicinal values of Tulsi were displayed everywhere for the students to understand the significance of the event.



The programme commenced with a melodious prayer on Mother Tulsi, believed to be the embodiment of Goddess Lakshmi. Dr.(Mrs.) Y. G.P, in her address to the students, narrated stories from the Puranas which highlight the significance of Tulsi. She further emphasized that the students should continue to perform Tulsi Vandanam even at home to reap all its benefits. The first sapling was planted by Dr. (Mrs.) Y.G P, followed by Mrs. Sheela, Mrs. Durga and members of Eco club as the students chanted verses of Tulsi Stotram fervently. The atmosphere was charged with devotion. Creating a Tulsi Vrindavan around the Krishna Temple added to the serenity of the occasion.



The planting was followed by the Samskara of Tulsi Vandanam performed by std3 students dressed in traditional clothes with utmost reverence, sincerity and dedication. This is in line with the theme of “Preserving Ecology” selected by IMCTF-Initiative for Moral and Cultural Training Foundation which aims in reviving the ancient thought system that brings out the reverential attitude to nature which the contemporary world has undermined.



The entire Samskaram of Tulsi Vandanam was demonstrated again, by the student volunteers on the stage amidst prayers, thus planting seeds of gratitude towards nature in the young minds.



This was followed by a Power point presentation on Tulsi by Dr. Vishwanathan and Dr. Chitra from Parampara- the organization that provided Tulsi saplings for the programme. It was a very useful presentation as it highlighted the amazing scientific and spiritual uses of Tulsi.



Mrs. Sheela Rajendra, in her address, reinforced the simple yet powerful benefits of Tulsi and exhorted the students to carry forward the mission of creating awareness of the importance of Tulsi in their neighbourhood. She urged them to be ambassadors to promote the planting of Tulsi and conducting the “Vandanam” not only in their homes but also in the community.

The programme highlighted why the Tulsi plant occupies a place of highest importance and reverence and also made students understand that the performance of Tulsi Vandanam would not only make an impact on their thinking but would also influence their conduct.

IVY SCRIBES – Media Club

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