

Interactive workshop conducted by Radhatri Netralaya, T.Nagar



Radhatri Netralaya, T.Nagar, Chennai conducted a 2 hours 30 minutes interactive workshop 10th October 2017 on the topic 'First aid following cracker injuries to the eye' for school students of the city. The programme was attended by two students and a teacher from more than 30 schools including our school. Dr Vasumathy Vedantham, a PSBB KKN Alumna, a leading ophthalmologist in Chennai conducted the workshop ably supported by Dr. R. Praveen Krishna.

Dr Vasumathy educated the participants on the hazards of fireworks and prevention as well as the first aid treatment of injuries involving the eyes.

The list of preventive measures included protective gear for eyes, a first aid kit with a rigid eye shield and antibiotic eye drops, a bucket of water, agarbathi to light the fireworks, safe open area free from flammable materials around and last but not the least ADULT SUPERVISION.

The doctor apprised the participants of the different types of injuries to eyes with the symptoms such as pain, sensitivity to light, severe watering of eyes, reddened eyeballs and swollen eyelids.

Scenarios depicting first aid following eye injuries were enacted by Dr Vasumathy involving the students of various schools. Students were encouraged to get their doubts cleared as they performed the activities under her guidance. These included washing hands, opening the eyes gently, studying the injury to the eye- whether intact eye ball or lacerated eyeball. In case of intact eye ball, flushing the eye gently with running cool water, applying the shield over the eye

is recommended. In the event of perforating injury to the eyeball, cold compress over the eye with immediate medical help is advised.

A strict no-no to eye ointments and bandaging the eye is advised by the Doctor.

The participants received a certificate and a first aid kit each. Pamphlets were distributed to the schools to be read by the class teacher and display on the soft board of each class.

Let us pledge to protect our eyes this Diwali!



Roving Reporters-KKN