

## POSITIVITY PERMEATES

Chanting of Mantras has been an age old practice in India. The positive sounds impact the surroundings with congenial vibrations. This can trigger the right attitude in the chanter as well as the listener. A small action of this kind is prone to produce amicable atmosphere and pleasant ambience in the place where mantras or slokas are recited.

Keeping this in mind, PSBB makes it a point to recite Vishnu Sahasranama, a list of thousand names of Vishnu every year. The recitation of the Sahasranama happened in our campus on 16-08-2018. This would have certainly purified the mind, strengthened the body and helped attain peace of mind, patience, prosperity, mental stability and memory in teachers and taught alike.

*Shutterbugs*

PSBB SRS

