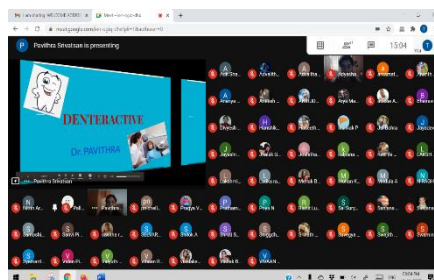
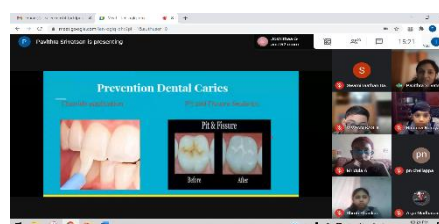
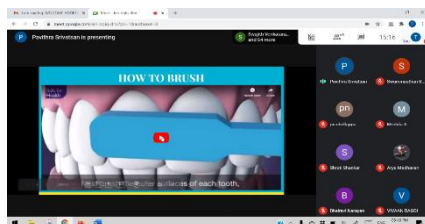


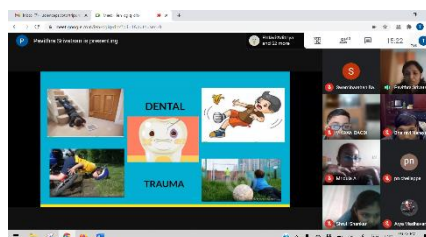
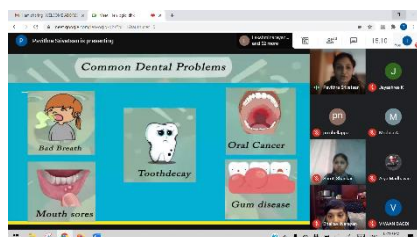
Denteractive



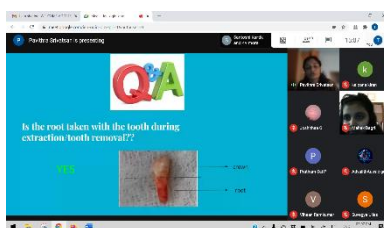
On 11th November 2020, the students of class 4 got to witness a virtual talk by Dr. Pavitra Srivatsan, a renowned Oral Pathologist.



Dr. Pavitra spoke to the children regarding oral hygiene and explained the structure and function of the teeth in detail. She also shed light on fluoride application, dental caries, how to prevent cavities, diseases related to oral cavity and dental trauma. A clear picture was given on avulsion and the steps one must adhere to in case of avulsed tooth.



Dr. Pavitra answered queries regarding the maintenance and common habits associated with teeth like thumb sucking, teeth grinding and frequent flossing. She showed videos about eating healthy and also gave a set of 4 golden rules to keep teeth in good condition. She made a special mention on the importance of wearing a mask during the pandemic. Her talk emphasised the fact that oral health is a reflection of the physiological, social and psychological factors that are essential to our quality of life.



This session was aptly named Denteractive as Dr. Pavitra not only made the session interactive but gave the students a complete insight into the functioning of the teeth, the problems associated with it and simple methods to practise correct oral hygiene. She helped us understand that maintaining one's teeth isn't only about looking good but a poor dental hygiene can lead to problems that are much bigger than an unpleasant smile!

IVY SCRIBES – Media Club
PSBB T. Nagar